



**Title:**

Cardio respiratory arrest CODE BLUE - emergency  
measures

**Policy no. :**

750.04

**Reviews:**

06/2016, 04/2018, 03/2021, 11/2022

**Effective Date:**

January 1, 1994

**Applies to:**

All employees

**Table of contents**

**1. Policy Statement.....3**

    1.1. Statement .....3

**2. Definitions.....3**

    2.1. Cardiorespiratory arrest .....3

**3. Policy Objective .....3**

    3.1. Objective.....3

**4. Application of the policy .....3**

    4.1. Application .....3

**5. Policy Requirements .....3**

    5.1. Resident in cardiopulmonary arrest .....3

    5.2. Visitor or employee in cardiopulmonary arrest.....4

**6. Responsibilities.....4**

    6.1. Employees .....4

**7. Legislative authority .....4**

    7.1. Legislative authority .....4

**8. References.....4**

    8.1. References .....4

## **1. Policy Statement**

### **1.1. Statement**

1.1.1. Initiate procedures for cardiopulmonary arrest.

## **2. Definitions**

### **2.1. Cardiorespiratory arrest**

2.1.1. Absence of breathing and pulse.

## **3. Policy Objective**

### **3.1. Objective**

3.1.1. Provide immediate assistance in the event of cardiopulmonary arrest to anyone in distress.

## **4. Application of the policy**

### **4.1. Application**

4.1.1. This policy applies to all employees.

## **5. Policy Requirements**

### **5.1. Resident in cardiopulmonary arrest**

5.1.1. When a person discovers and/or witnesses a resident in cardiopulmonary arrest, they stay with the person and ensure the safety of the resident and the environment and call for help to have the resident assessed by a nurse.

5.1.2. The nurse takes the information of the event and starts the resuscitation maneuvers by considering, if the resident wants to be resuscitated or not and according to what provoked the cardio-respiratory arrest.

5.1.3. The nurse requests that the code blue be announced via the cell phone indicating the location (example: CODE BLUE at the unit and repeats it 3 times), in order to obtain the necessary assistance and requests the assistance of a person to call 911.

5.1.4. A designated person will retrieve the defibrillator, located at the main entrance of the 1st floor, and proceed to the floor where the code was announced.

5.1.5. If the resident has a signed DNR form, call the attending physician first, then the resident's proxy.

5.1.6. If the resident is deceased, follow the procedure for a death.

5.1.7. Enter notes to the resident's electronic record in the incident report.

**5.1.8.** N.B. If a resident is in cardiopulmonary arrest due to choking, resuscitation should be initiated even if the resident does not wish to be resuscitated.

## **5.2. Visitor or employee in cardiopulmonary arrest**

**5.2.1.** When a person discovers and/or witnesses a person in cardiopulmonary arrest, he or she stays with the person and ensures the safety of the person and the environment and requests the assistance of a CPR certified person.

**5.2.2.** A CPR-certified person takes the information about the event and begins resuscitation.

**5.2.3.** The code blue is announced via the cell phone, in order to get the necessary help and requests the assistance of a person to call 911.

**5.2.4.** A designated person brings the defibrillator, located at the main entrance of the 1st floor to the floor where the code was announced.

**5.2.5.** This policy is tested once a year during CPR recertification. The names of employees who have participated in the training are kept on file.

## **6. Responsibilities**

### **6.1. Employees**

**6.1.1.** All employees must:

- a. Become familiar with and comply with this policy.

## **7. Legislative authority**

### **7.1. Legislative authority**

**7.1.1.** *Long-Term Care Recovery Act of 2021*

**7.1.2.** Regulations of Ont. 246/22

## **8. References**

### **8.1. References**

**8.1.1.** Incident report to the resident's electronic record



750.04  
Cardio respiratory arrest CODE BLUE - emergency

**Eric Larocque**

Signed with ConsignO Cloud (08/11/2022)  
Check with verifio.com or Adobe Reader.



---

Eric Larocque  
Director